

Iechyd Meddwl Amenedigol a Iechyd Meddwl Babanod yng Nghymru: Diwrnod o weithdai i ystyried sut y gallwn ddatblygu'r cymorth a'r gwasanaethau hyn ymhellach

Sesiwn y bore: Gwasanaethau Iechyd Meddwl Amenedigol yng Nghymru – beth nesaf?

Ystyried beth yr ydym am ei weld a'i brofi mewn gwasanaeth, gan ganolbwyntio ar beth sydd bwysicaf ar hyd y llwybr gofal ar gyfer iechyd meddwl amenedigol

Sesiwn y prynhawn: Dadlau'r achos dros gael Fframwaith Iechyd Meddwl Babanod i Gymru:

Mae Iechyd Cyhoeddus Cymru a'i bartneriaid yn gweithio i amlygu pwysigrwydd iechyd meddwl babanod. Rydym wrthi'n drafftio dogfen i ddadlau'r achos dros gael fframwaith iechyd meddwl babanod i Gymru. Dewch i helpu i lunio'r ddogfen.

Os oes gennych ddiddordeb yn y gwaith hwn ac os hoffech gyfrannu at ddatblygu fframwaith i Gymru, a/neu os oes gennych ddiddordeb mewn gwasanaethau iechyd meddwl amenedigol yng Nghymru, mae croeso i chi fynychu'r gweithdai hyn. Mae'r ffurflen cadw lle i'w chael dros y dudalen.

Edrychwn ymlaen at gwrdd â chi ac at gydweithio ar Wasanaethau Iechyd Meddwl Amenedigol yng Nghymru ac at Ddadlau'r Achos dros Gael Fframwaith Iechyd Meddwl Babanod i Gymru.

Sophia Bird, Prif Arbenigwr Hybu Iechyd a Sharon Fernandez, Arweinydd Cenedlaethol, Iechyd Meddwl Amenedigol

Perinatal Mental Health and Infant Mental Health in Wales: A day of workshops to explore how we further develop these services and supports

Morning session: Perinatal Mental Health Services in Wales – where do we go next?

to explore what we want to see and experience within a service focus on what matters most within the perinatal mental health care pathway

Afternoon session: Making the case for an Infant Mental Health Framework for Wales:

Public Health Wales and partners are working to highlight the importance of infant mental health. We are drafting a document to make the case for an infant mental health framework for Wales. Come along and help shape this document.

If this is something you are interested in, and you would like to contribute towards the development of a framework for Wales, and/or perinatal mental health services in Wales then please attend these workshops. Booking form overleaf.

We look forward to meeting you and working on Perinatal Mental Health Services in Wales and Making the Case for an Infant Mental Health Framework together.

Sophia Bird, Principal Health Promotion Specialist & Sharon Fernandez, National Lead, Perinatal Mental Health

Os hoffech fynychu'r gweithdai, dylech lenwi'r ffurflen hon a'i hanfon yn ôl at: Rhiannon Hobbs Rhiannon.hobbs@wales.nhs.uk Ffôn: 02920 104647

Enw:

Cyfeiriad ebost:

Rhif ffôn :

Dewiswch leoliad a nodwch a allwch fynychu gweithdy'r bore a gweithdy'r prynhawn

Caerdydd, 7 Mawrth 2019 Amser: 9.00-4.30pm Lleoliad: Gwesty'r Clayton, Heol Eglwys Fair, Caerdydd CF10 1GD

Caerfyrddin 14 Mawrth 2019 Amser: 9.00-4.30pm Lleoliad: Ystafell Taf, Canolfan yr Halliwell, Campws Prifysgol Cymru: Y Drindod Dewi Sant, Caerfyrddin

Conwy 19 14 Mawrth 2019 Amser: 9.00-4.30pm Glasdir Plas Yn Dre, Llanrwst, Conwy LL26 0DF

Darperir diodydd a chinio.

Anghenion o ran deiet:.....Anghenion o ran mynediad:.....

If you would like to attend, please complete and return this booking form to: Rhiannon Hobbs Rhiannon.hobbs@wales.nhs.uk Tel: 02920 104647

Name:

Email address :

Tel no :

Please select which venue and if you can attend the morning & afternoon workshop

Cardiff 7 March 2019 Time: 9.00-4.30pm – venue: Clayton Hotel, St Mary Street Cardiff, CF10 1GD

Carmarthen 14 March 2019 Time: 9.00 -4.30pm –venue: Taf room, Halliwell Centre, St David's Campus, University of Wales Carmarthen

Conwy 19 14 March 2019 Time: : 9.00-4.30pm Glasdir Plas Yn Dre, Llanrwst, Conwy LL26 0DF

Refreshments and lunch will be provided.

Dietary Requirements:.....Access needs:.....

	Hoffwn fynychu:I wish to attend:		
Lleoliad / Venue	Bore / Morning	Cinio / Lunch	Prynhawn / Afternoon
Caerdydd /Cardiff, 07/03/19			
Caerfyrddin / Carmarthen, 14/03/19			
Conwy 19/03/19			