

Centre for Ageing and Dementia Research (CADR) Seminar Swansea University, Singleton Campus

Date: 30th January 12-2pm (Refreshments on arrival)
Location: SURF Room, Fulton House

Considering Health and Wellbeing in an Ageing Workforce. Developing best practice guidelines through the Age, Health and Professional Drivers' Network

Presented by

Dr Sheena Johnson and Dr Lynn Holdsworth

For our first seminar in 2019 we are delighted to welcome Dr Sheena Johnson, who is an Occupational and Chartered Psychologist, and Senior Lecturer in the Organisational Psychology Group at the Alliance Manchester Business School, University of Manchester. She is an active researcher into the topics of stress and health and the wellbeing of an ageing workforce. Sheena is the author of numerous journal articles, books and book chapters, and regularly presents her work at national and international conferences.

Dr Lynn Holdsworth is a Chartered Occupational Psychologist registered with the Health and Care Professions Council and is the Lead Researcher and Network Co-ordinator for the Age, Health and Professional Driver's Network

The seminar will look at ageing in the workplace and will review changing workplace demographics, and older worker discrimination and competencies. Particular attention will be paid to older worker health and wellbeing needs, including suggestions and guidelines for how organisations can attend to the health needs of an ageing workforce. To illustrate this, attendees will be introduced to research on ageing professional drivers and the 'Age, Health and Professional Drivers' Network' (<https://sites.manchester.ac.uk/ahpd/network/>).



If you are interested in attending please contact cadr@swansea.ac.uk or call 01792 513734 or visit the CADR Cymru [website](#). A full programme is on the website.

*WE REGRET THAT ONLY DISABLED VISITORS ARE ALLOWED TO PARK ON THE UNIVERSITY CAMPUS and there is only limited parking close to the University. Recreation Ground Car Park, Mumbles Road: There is usually space available for visitors in the Recreation Ground Car Park on Mumbles Road directly adjacent to the Swansea University campus (see below for directions). The parking fee is approximately £2.50 for the day. The postcode is SA2 8PP and here are some more detailed directions <http://www.swansea.ac.uk/the-university/location/directions/>